

Sacred Echoes  
Part 3a Trusted Voices / Part 3b IF  
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1. How does Ted define Sacred Echoes?
2. What are the common traits and purposes of toxic people?
3. Have you been in a situation where a toxic person interfered with your ability to minister to others? Please share. What is a healthy response to that situation?
4. Read 2 Timothy 2:22-26 “Flee the evil desires of youth and pursue righteousness, faith, love and peace, along with those who call on the Lord out of a pure heart. Don’t have anything to do with foolish and stupid arguments, because you know they produce quarrels. And the Lord’s servant must not be quarrelsome but must be kind to everyone, able to teach, not resentful. Opponents must be gently instructed, in the hope that God will grant them repentance leading them to a knowledge of the truth, and that they will come to their senses and escape from the trap of the devil, who has taken them captive to do his will.” According to this scripture, what can cause us to be sidetracked and lose focus?
5. Are there non-essential issues that frequently cause you to be quarrelsome / engage in combat? Please share. How can we move beyond being sucked into a non-essential quarrel?
6. If we believe someone invites us to a fight involving essentials, how should we approach that? See 2 Timothy 2 above. Have you experienced such a fight? Please share.
7. Who are the voices to whom we should listen? Who in your life are trusted voices, not just affirming voices? What can happen if we only listen to affirming voices?
8. What are the results of past “if only’s” you focused on? How does the serenity prayer apply to those “if only’s”?
9. What are some “If’s” that are in our control? When is it important to have courage with kindness to speak up / show up?
10. Adam mentioned an absence of God in our lives. To what two things does he attribute this?  
  
Read Isaiah 59:2 “But your iniquities have built barriers between you and your God, and your sins have made Him hide His face from you so that He does not listen.”  
  
Read Hebrews 4:12 “For the word of God is alive and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart.”
11. Read 1 John 1:9 “If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.” How often do you examine your heart and confess your sins to God? How does this change your life?