



Refreshed
Part 5 – A Sense of Contentment
Pastor Ted Cunningham

Today we're finishing with driver number four. We've looked at all these drivers of generosity and we've really been focusing on the fact that we want generosity to be a first thought, not an afterthought. It doesn't matter how much money you make or how much you have right now, we've looked at the fact that all of us can be generous and pursue generosity.

Today, we're talking about contentment, and the bottom line of the message today is **that we would be grateful for the basics and enjoy the extras without turning them into necessities**. Say that again. That we would be grateful for the basics... And Jesus is going to make it very clear for us today what the basics are. They are food and clothes. Does anybody have a parent that used to tell you that all the time? "That's all you need – food and clothing. And you will be grateful for that." We can enjoy the extras, but our tendency is to turn that enjoyment into "I now need this."

Whenever we talk about money, it exposes us. Could you imagine if we asked you today to stop by and get a little sticker and write your credit score on that sticker and put it on your shirt and everybody walked in with their credit score? Some of you wouldn't do it. Others of you would be like, "I've got a 750 – 780..." Some of you would be bragging about your credit score; we get that. Others would be...

It's the same thing with taxes. It's why politicians don't want their tax records released, especially the ones that are always talking about giving to the poor, always helping other people. Then you find out they give 1% of their income? This is a very vulnerable, shame-based, guilt that "I'm not doing enough." So, whenever we talk about money, this is where we tend to go.

I felt exposed two Fridays ago. I took my son to an event we did on the east coast. He just wanted one day at Universal Studios in Florida. He wanted that one day of fun before his life ended at school the next week. I took him to Universal Studios and a few hours into our trip there, I go into the bathroom. I don't mean to share too much information, but I have to share enough information for you to really understand what it means to be exposed.

I walk in and I'm using the restroom. So, I am standing there, and a mom walks in with her five year old son and goes right up to the urinal next to me. Thank you, I'm glad you all are not politically correct. She walks up with her five-year-old... Now she's from another country and she doesn't speak English. But I immediately do that... You know that moment where you just kind of lean in. You're leaning in as far as you can without soiling yourself in this area. The guys know what I'm talking about. But every man standing there, we're like... I thought, *If I look over here, she won't see anything.*

No one is saying a word. She's helping her five-year-old use the restroom. I'm so embarrassed and I have to tell you, for almost my entire life, I've used the stalls. It's been in recent years that I've been brave and have ventured out to the urinals, but not anymore! I'm going back to the stalls until our country gets this whole nonsense thing figured out! As our friend, Paul Harris, says, "I don't mean to get in your business, but like I was telling the women in the restroom earlier... I said, 'I worry about y'all; there are a lot of perverts out there; you've got to be careful.'"

I'm shaky – what do I do? I'm not stopping. I could explain that to any of you later. The older fellows in here know what I'm talking about. But then I remembered something my friend Paul Harris taught me. I looked down, saw she was wearing flip flops and I realized I had the upper hand. She gets any closer and I'm splashing her. That is just going to happen.

Again, we want to welcome all of our guests to Woodland Hills Family Church and this may not be the church for you. Faith and Wisdom is literally right at the other side of our parking lot. I promise you they talk about money a lot more than we do. That's terrible. I said that on the podcast! Okay, so sorry about that.

I walked outside and Carson could tell something was wrong with me. He asked me what was wrong, and I said, "I can't talk about it right now. Let's just go. Let's get away from this woman." That was two weeks ago, and I've used the stalls ever since. That's true. I just felt violated, exposed.

This is going to be our fifth and final week talking about money. If you're just joining us, you can go back and catch all the other parts online, but I want to just kind of give you a refresher in our *Refreshed* series. We looked at the point we all have heard time and time again. **More money won't solve your problems.** This is why people who come into a lot of money and you're like, "How did that person, who signed a contract and made millions of dollars or won the lottery and come into millions of dollars, how in the world did they go bankrupt?" That's because more money doesn't make you a good money manager. It won't solve all your problems.

We fall into this line of thinking as well with generosity, and we learned early in the series that **more money won't make you a generous person.** We hear it all the time, "If I come into some money, then I will..." We used the illustration of when people say, "I love when an athlete buys a house for Momma. I would do that if I came into that kind of money." We encouraged you to start with buying Momma lunch. How much you have isn't the issue. It's are you a generous person, is generosity a first thought or an afterthought. In this community, we want to be known as a generous, life-giving church where giving and helping others is a first thought.

Across all incomes, whether you make \$30,000.00 year, \$300,000.00, or \$3,000,000.00 a year, a healthy relationship with money is driven by **what people do with what they have.** There are people in here that make six figures who feel as though they are struggling or surviving because they haven't done well with what they have. Yet, there are people in here who are living with a sense of abundance, with plenty, making \$30,000.00 a year because it's what you do with what you have.

Remember, we even used charts earlier in the series that showed when people hit around \$150,000.00 to \$200,000.00 a year in income, their giving, as a percentage of income, starts to go down. Generosity decreases the more you make. So, it's not about how much you make; it's an overflow of the heart.

Then we looked at the fact that **we can't afford a lifestyle that prevents us from helping others**. I hope when you gave this morning and you wrote a check... or some of you are giving online right now with a debit card. A generous person isn't writing a check for \$1,000.00 or \$500.00 or \$100.00 and thinking to themselves, *Oh, but you know what I could do with that?* A generous person has giving as a first thought and are so grateful...

We looked at the Macedonian church. Paul was in Macedonia, writing to the church in Corinth about an offering he was taking for the believers back in Jerusalem. We read about this in 2 Corinthians 8 -9. He said they had rich generosity, but they had extreme poverty. Out of their extreme poverty, they wanted to participate in the Lord's Service, the collection for the believers back in Jerusalem. Overflowing joy... When you give, a generous person is not thinking about what they could have done with that money.

Today, as we talk about contentment, we're really talking about a lifestyle that allows us to stay in the generous frame of mind. We often think about generosity as something that happens after abundance, after we've taken care of everything, we've gotten a lot of good stuff in our life. But generosity has a sneaky way of driving abundance when giving is a first thought. Jesus is going to teach us today and hopefully reframe a lot of our thinking around money and around giving. But generosity, first-thought giving, reframes our relationship with money. It says, "I'm going to earn, I'm going to give, I'm going to save, and then I'm going to spend." So, if your M.O. is to earn and then spend, allow the Holy Spirit to call you by name. Don't run from whatever conviction you may feel, but settle into it, sit in it for just a little bit, and pray and ask the Lord to give you discernment on spending decisions.

Again, you think parents have regrets about things that have happened with children, many of us have regrets on how we've dealt with money. The same thing we are going to say about parenting, we're saying today about money. Don't feed your regrets on how you dealt with money; start to make good decisions and ask Jesus to redeem your remaining days.

Jumping into Matthew 6, Jesus is going to tell us what the basics are. **25 "Therefore I tell you, do not worry about your life, what you will eat or drink..."** I spoke with a friend this morning who was worried about losing their job. They're worried about it and they even used this comment about going on food stamps. "I don't want it to happen." I told my friend multiple times, "I know your work ethic and you're the type that's going to get any job until the perfect job comes along." He's not one of those that sits at home and does nothing, waiting for the perfect job. He's going to work; he's going to provide for his family.

It's interesting, as we see what the basics are today, I want to see if you observe this in the text as well, but there's something missing that maybe you and I would consider a necessity, but it's not what's in Jesus is teaching. **"...or about your body, what you will wear. Is not life more than..."** And here are the necessities, the basics that we should be grateful for: **"...food, and the body more than clothes?"** He goes on and he's going to start asking some questions. **26 "Look at the birds of the air; they do not sow**

or reap or store away in barns, and yet your heavenly Father feeds them. Now this is for all of you who are animal rights people that take it just too far. It's not the main point of the text, but I just want to throw it in there because Jesus is saying it, ***"Are you not much more valuable than they?"*** More valuable than a bird? And the answer is yes! That's not a republican point of view; that's Jesus. God did not give you his Spirit to bring you down to the level of an animal. Man has been given dominion over the animals to care for the animals.

Yesterday, a guy came up to me in Phoenix. He was at a marriage conference, which no man really wants to be at a marriage conference. He goes, "I liked it." I always start off with a story of Carson and I hunting and him shooting a deer, and I always show a picture of this deer. Whenever I get to the east or west coast, I'm always nervous about showing a picture of a dead animal. You get people gasping at the pictures. Then you tell them, "Hey, we released the deer in a forest preserve after we took this picture." But he came walking up to me in his Bass Pro hat and said, "Man, I was dreading the weekend, but when you started right off with killing stuff, I knew I was going to have a good time." You're more valuable than animals. And the Lord takes care of the animals.

27 "Can any one of you by worrying add a single hour to your life?" Muriel, Pat Kershaw's mom, passed away years ago, but whenever I would teach about worry in our church, she would come up to me and she'd say, kind of seriously, but she was joking. She'd say, "Will you stop telling me not to worry." She's 93 years old. I go, "Why can't I tell you not to worry." She'd say, "Because everything I worry about never happens. There is great value in worrying." That's a true story. But you can't. Worrying is not going to increase your... I'd say if you've got time to worry, you've got time to work.

28 "And why do you worry about clothes? See how the flowers of the field grow. They do not labor or spin. 29 Yet I tell you that not even Solomon in all his splendor was dressed like one of these." It's taken care of. ***30 "If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you—you of little faith?"***

31 "So do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?'" Have you seen what's missing from this list? The Son of Man who had no place to lay his head. Housing is not on this list. That's interesting to me. It's food and clothes. Our parents usually added that. "You should be grateful for the food I put on your plate and the roof over your head. You don't need nothing else!" ***32 "For the pagans run after all these things, and your heavenly Father knows that you need them."***

I'm looking around at a group today, knowing that you are in a community that loves and cares for you. I can guarantee you there's not one person in here or at 8:30 or 11:30 that's going to miss a meal today. And if you are, we give you opportunity at the end of the service to come down and meet with someone from our prayer team to allow us to help you get that meal. That's the Lord providing for you through his people. So, worrying isn't accomplishing it. Working and seeking help and going after it... **The bottom line of contentment is trusting in the Lord, putting our faith and trust in the Lord.**

33 "But seek first his kingdom..." Make your first thought be his kingdom. We get a lot of songs, a lot of podcasts, a lot of blog, a lot of people today that it becomes all about us, and taking care of ourselves

and learning about ourselves and focusing on ourselves, but this is not what Jesus teaches. You focus on the kingdom, think about the kingdom, serve the kingdom. You're dealing with money issues and you've been selfish or stingy your whole life? Why don't you flip that around and make generosity a first thought and tomorrow wake up, not thinking about what extras you can get, and you find a way to help somebody. Don't allow your lifestyle to keep you from helping other people.

“...and his righteousness, and all these things will be given to you as well. 34 Therefore do not worry about tomorrow, for tomorrow will worry about itself.” Again, Jesus is not saying don't plan; we've read this; we are to save. We're to put something away for a day where we can't work like we're able to work now, but scripture calls us also to not be hoarders. So, yes, plan for retirement; there's nothing wrong with that. Don't trust in your retirement. Don't put your hope in your retirement. Your hope is in the Lord. ***“Each day has enough trouble of its own.”*** This is why we're doing a parenting series. Each day has enough trouble of its own. And we've got a lot to put in today and we should be seeking the kingdom today.

The bottom line of contentment is **trust in the Lord with all your heart**. When you practice this, it's going to flip everything about how you've been dealing with money around. When you make generosity a first thought rather than an afterthought, when you put it at the beginning rather than at the end... “I know my basic needs are going to be met. I'm going to be grateful.” I would encourage all of you to pray before your meals. When we pray before a meal, our family is saying, “Thank you, Lord, for this. You provided it. You were the one that has provided this meal for us.”

I grew up in a home where we prayed before every meal, in public and in private. I still continue that with my family today. It's just recognizing who provided this for us. I'll be grateful for that and I'll enjoy the extras. We're sitting in a congregation today with people who have a ton of extras. We can enjoy that. We can enjoy the fruit of our labor, however, the mistake we make is when we turn those extras into necessities. Enjoy what we've been given, don't turn them into necessities.

This is why Paul says this to young Timothy. He talks about godliness with contentment. 1 Timothy 6 – ***6 But godliness with contentment is great gain.*** Seeking the Kingdom of God, trusting in the Lord with all your heart is great gain. ***7 For we brought nothing into the world, and we can take nothing out of it.***

Jim Sedlacek, an elder at our church, went to be with the Lord this year. He and his wife are both now with the Lord. I remember when they were moving from Branson to Phoenix. He invited us over to his house. I had no idea what we were walking into. He had a very nice home on the lake. I don't know how many of you have parents that when you visit your parents now, you leave with boxes of stuff. Is that going on for anybody right now? I think I've been seeing this more and more. The older you get, the less stuff you want to take care of. So, you go to your grandparents' and they have two or three things, total. They have the coffee pot, the table, the bed... “What else do you do around here?” “I sit here and drink coffee, I sleep over there; that's really how my life has wound down.”

That's where Jim was at. We walked into his house and I'm not kidding you, he said, “Take anything you want. I don't want to take any of this stuff to Phoenix.” You could see that he was so tired of it. We

took a gumball machine. It was kind of comical. The gumball machine had gum in it from 1976. But when I picked it up and I shook it a little bit, it was full of change. I go, "Jim, do you want the change?" He said, "No, I don't even want the change. Take the whole thing." We could never find the key, so we have a gumball machine with millions of dollars' worth of change in it. Now people will be breaking into our house, looking for the gumball machine.

As Jim approached his last weeks and months upon this earth, he just wanted to be with his family. Stuff meant nothing to him.

8 But if we have food and clothing, we will be content with that. And all the parents said... amen. ***9 Those who want to get rich fall into temptation and a trap and into many foolish and harmful desires that plunge people into ruin and destruction.*** Many of you are at that place. Your love of money... you're making giving an afterthought... and for some of you, it's a nonthought; it doesn't even cross your mind, not even on your radar. Remember we said we know people that are making well into the six figures who say, "I'm surviving or struggling," and people making \$30,000.00 to \$40,000.00 a year who say, "I've got plenty." If you are in that ruin and destruction right now, you can rebuild. You can confess before your Father in heaven the way you've handled money up to this point and start fresh. I encourage you to read what you can. I encourage Dave Ramsey's Financial Peace University. I encourage you to read his stuff. I encourage you to get counseling. We have counseling available here at our church. If you are in ruin and destruction, we want to help.

10 For the love of money is a root of all kinds of evil. That's a very important theological point to make here. Money is not the root of all evil. It's become a Christian cliché. People will post it online. Money is not the root of all evil. The *love* of money, the *pursuit* of money that brings people to ruin and destruction, that is evil, that is what brings a person down. If you have plenty in here, you can enjoy that, but be a generous person. Don't keep going after it for the sake of just yourself. ***Some people, eager for money, have wandered from the faith and pierced themselves with many griefs.***

We've been talking about the scarcity mindset and the abundance mindset. Remember the scarcity mindset is "There are not enough opportunities out there, so I have to get it for me and push everybody else aside." "There are not enough promotions out there or raises out there or money out there." "There aren't enough tourists out there, so I don't want them going to that show or that attraction; I want them coming to ours." That's the scarcity mindset. There's not enough to go around. So, you can't celebrate when someone gets a promotion at work because you're like, "Well, they got the only promotion."

No, there are plenty of promotions. There are plenty of jobs. There is plenty of money. That's the abundance mindset. I can celebrate when the boss gives you recognition because there's plenty of recognition to go around. There's plenty of money. There's plenty of tourists. By the way, there are millions of tourists that have never even been to Branson. The abundance mindset says, "Wow, let's think about that. We can have way more than the tourists we have now." That's the abundance mindset.

Now, to put it in the context of contentment, the scarcity mindset is people overspending because they say, “I need more. I don’t have enough, so I will use this credit card to get me on that vacation. I will get that car that I know I can’t afford, but I’m going to go ahead and loan this massive amount out.”

The abundance mindset says, “I have plenty. I have more than I need.” This is that surplus mindset that says, “I’ve been so blessed I want to help other people; I want to give it away.” Just like generosity has a sneaky way of driving abundance, generosity or first-thought giving has a way of keeping us within our means. When we give first and then think about the other stuff, when we seek His kingdom and His righteousness, and it’s a first thought in our life and our trust is in the Lord, we almost get giddy about giving and helping other people. That giddiness would be called overflowing joy.

What we want to do in the few minutes we have remaining is give you ten practical ways that you and I can be grateful for the basics – food and clothing – and enjoy the extras without turning them into necessities. Does that sound like a plan?

1. Make a list of things I want but don’t need. Fun thing that you can do as a family. You write this out. Our family has a list, but it’s not written down. We talk about this imaginary list all the time. On my list is a golf cart. I want a golf cart. Do I need a golf cart? The seniors are like, “It depends; are you walking to the mailbox.” I am. I want to drive to the mailbox. It’s like 70-80 feet from our door. Do I need a golf cart? No.

Amy and I have been watching this couple on social media. I watch their videos because they are a young couple, millennials. They’re a cool couple. They’re graphic designers who decided to live, for the last four years, out of their Toyota, Tacoma. Everything they own... They have a cap on the Tacoma. They have a bed back there. Everything they own is in the Tacoma. I want to do that so bad.

Even last night on the flight home, I looked at Amy and I go, “Man, let’s do this. Let’s live in the Tacoma.”

Amy’s like, “Where do they go potty?”

I go, “Outside.”

“Do they have a shower?”

“No shower. No air conditioning.”

She’s like, “You want to live in a van down by the river, you can go do that on the weekends, but I’m staying home with the bathroom.”

We’re constantly talking about the things we want. I was thinking we need a generator. Well, we don’t need a generator. I want a generator because I don’t want to be without power for 30 minutes. Have you ever had that moment? What are we, pioneers? We have modern electricity, why are we reading

with candles. It's so funny how we're all so plugged in with technology and we turn into Little House on the Prairie. You should read books when the power is on too.

2. See how long you can make something last. And all the old people said... Amen. Yes. My parents have things older than me. I'm 45 years old. We're going to have some fun with this today. I'm going to give out an O'Reilly gift card. Sing it with me. "O, O, O, O'Reilly... auto parts." I want to give this away in this service to the person who has the most miles on their car. We're going to see if you can beat the last service. I don't think you can. I was blown away in the last service. If you have more than 100,000 miles on your car, would you please stand and remain standing. Look, they stand with great pride. We have a good stewardship church or just teenagers who can't afford nice cars. No, I'm just kidding.

If you have more than 200,000 miles on your car stay standing and the rest of you may be seated. I love all the guys. They're like, "I usually don't win free stuff, but I'm going to crush this; watch this." More than 300,000 miles on your car, remain standing. Look around. These are all of our Uber drivers right here. More than 350,000 miles stay standing, the rest of you may be seated. There we go. And then there were two. How many miles? He's got it; 367,000 miles. Can anybody beat 367,000 miles? Alright, here you go.

That's awesome. What kind of car is it? It is not a Toyota, Tacoma!! Yeah! Amy, it's a Toyota, Tacoma! We could live in it for the rest of our lives. You're not lying, are you? That's awesome. What year is it? It's a 1995. That was a good year for cars. In the first service, does anybody want to know what the number is? The number is 491,000 miles on a 1995 Jeep, Grand Cherokee. I asked what the secret was to a car going half a million miles and he yelled up, "I change the oil every 200,000 miles!" I asked him after; I wanted the serious answer. He told me, "I change the oil every 50,000.00 miles." I wish we could talk about it more, but we have eight more of these. Toyota, Tacoma, baby. We could get all snuggled up in there.

3. Deny yourself something you could easily afford. Do you know what this is called? Discipline. My dad drives a Ford, Taurus. My dad can easily afford to get the air conditioning fixed. For the last three years, we have seen him driving down T Highway... We live in the same neighborhood. We see him driving down T Highway in 100 degrees with no air conditioning. We talk about it every time we see him in it in the summer. My first thought is he's cocoo. He can afford it, but he chooses not to. Can you just have the discipline of denying yourself something that you can easily afford, but you're just not going to do it.

4. Refuse to be defined by brands. Growing up, Levi's were huge in my school when I was growing up. We were middle class, so we wore Lees. No one was bragging about Lee jeans. Enjoy your nice purse, enjoy your nice shoes, but don't let it define you.

5. Unsubscribe from daily retail emails that tug at your want-o-meter. Pottery Barn, William Sonoma... Unsubscribe from all of them. But not Bass Pro. Keep that one. Do not unsubscribe. I need those emails.

Understand this about marketing. One of advertising's basic jobs is to make us feel discontented, so we crave stuff whether we need it or not and whether or not it's good for us. Self-acceptance and self-compassion do not move the merchandise. This is from the book *Emotional Agility* by Susan David. So, what we're confronted with instead are relentless invitations to compare ourselves with others and, inevitably, to come out lacking.

6. Take your time with large purchases. No impulse large purchases... unless it's a Tacoma. If it's a Tacoma and it's going to be your house, you could combine some decisions. We need to take our time. I have rarely met someone who rushed to a decision and was then like, "Man, that was a great decision."

The first pastor I worked for bought this massive vehicle. Those were the days they sent payment books. Remember that? I was there. He was already kind of bored with the truck by the time he got the payment book. They wait a month to send you the payment books. When he got the payment book, he was like...

7. Plan on emergencies. Look at this. *"Four in 10 adults, if faced with an unexpected expense of \$400, would either not be able to cover it or would cover it by selling something or borrowing money."* – Report on the Economic Well-Being of U.S. Households in 2017.

Be prepared. After you earn and give, get that emergency account going. Save; have some money set aside so you don't have to be stressed when the car breaks down.

8. Avoid debt when possible. Control debt when necessary. We can all sing the song, "Debt is dumb, debt is dumb, debt is dumb..." But we all know not all debt is created equal. So, your house is different than a student loan or car debt, but really, when we talk about controlling debt and we talk about avoiding debt, what are we primarily talking about? Credit cards. Cut them up. If you can't pay them off at the end of the month, get rid of them. Control it. Some of you in here have a very successful business going right now and you took out a small business loan to make that happen. Control that; be a good steward. Pay back what you owe.

Others of you don't need to take out a student loan for an undergraduate degree if the income on the other side of that degree is going to be very low. But maybe, for the last couple of years of medical school, you can do that because you're going to be paying that off quickly. So, not all debt is the same. So, avoid it when possible. Control debt when necessary. The rich rule over the poor and the borrower is a servant to the lender. We do not want to be a servant to money. Jesus said, "You can't serve God and money. You will end up loving the one and hating the other."

9. When you come into extra money, make helping someone your first thought. When you come into extra money, make helping someone else, not buying an extra for yourself, your first thought. Some of you are like, "Do I have to do all ten of these?" Pick one. Like keep driving that thing. Pick a couple. Talk about a couple over lunch as a family.

10. Adjust your lifestyle to match your employment decisions and don't ask others to sacrifice in areas you won't. By that what we mean... There are some of you in here that have made this great

decision, and, at this church, we applaud this decision. You've made the decision to stay home with your kids, Mom. We applaud moms who make the decision to stay home with their kids in those early years. We applaud that. However, you need to understand that if you're going to be a one income family, you're going to have to make sacrifices. Don't ask other people to make the sacrifice that you refuse to make. You can't, in a one income home, try to keep up with the next-door neighbors who have two incomes. It's what we've said as we've helped people. Many of us in here have two jobs already. Before we go and get a third job, we're going to need you to get a first job.

There are some folks in here that you don't have a job because you're waiting for the perfect job. Some have said, "I don't like the childcare options I have. I don't trust other people with my kids." Listen, providing for your children is of utter most importance. You have to do that. It may not be perfect, but you have to make it happen. Once you choose your employment, adjust your lifestyle accordingly and don't allow your lifestyle to keep you from making giving a first thought.

Would you stand as we close? We invite you back next week for the start of our parenting and family series. Here's what we said every week during this series, and we want to say it again today. If you need help, if you don't know where the meal is coming from this afternoon or this evening, you need financial assistance. We invite you, when we say amen, to come forward and meet with someone from our prayer team. They will pray with you; they are empowered to meet those needs right here in the front. We want to encourage you to not let pride keep you from allowing you church family, from allowing this community of believers to help you. Just step forward and pray with someone and see how we can help you with that need. Again, church family, thank you for your generosity allowing us to do that.

Father, in the name of Jesus, I pray for the one who has never placed faith in Jesus that today they would confess with their mouth that Jesus is Lord and believe in their heart that he has been raised from the dead that they would be saved.

For the one living with major regret right now that may be in ruin or their lives are struggling; they are in the surviving, struggling mode, I pray that today they would begin to confess those poor habits and those poor behaviors, the sin that has brought them to this point, that they would confess that before you and that they would take steps, not living with regret, but asking you to redeem their remaining days.

We pray all of this in the name of Jesus and everyone agreed and said... Amen.