

April 28, 2019
Ted Cunningham
Why, God?, Worship When Life Hurts, I Will Worship Through It All

Why is this happening to me?, How long is this going to last?, Lord, I need you get me out of this.

1. Pastor Ted said “Worship is more than a day of the week, a place, or music.” What did he mean? How do we worship on a daily basis? What things can we do?
2. Psalms - There are 7 Different kinds of Psalms
Lament- Is the Focus today- How did Pastor Ted Say we can identify Lament Psalms?
They Begin – “O God Why?”
3. What does Lament Mean?
A Passionate expression of grief or sorrow, to mourn
4. What do Lament Psalms teach us?
 - a. Wait and take to God
 - b. How to worship with a broken heart
 - c. Declare and stand on truth
5. Lament Psalms teach us how to worship with a broken heart-How do we worship with a broken heart?
6. God cares more about your character than he does about your comfort-What does this mean to me?
7. Express what you are feeling and at the same time stand on the promises of God-How do I do this?
8. Standing on the promises of God vs my preferences – What is the difference?
 - a. Preference – No Tribulation, no suffering, God’s Promise – John 16:33 – These things I have spoken to you, so that in Me you may have peace. In the world you have tribulation, but take courage: I have overcome the world. List some more promises of God.
9. God has promised us His presence – How do we practice this on a daily/weekly basis?
10. What do we learn from Psalm 28 – Read and discuss
 - V1 – Entreat God – means to Ask Earnestly
 - V2 – Go to God not others
 - V3 – Don’t include me in with the evil ones – reveal any sin in my life
 - V4 – Repay Evil – Cry to God
 - V5 – Declare Trust
 - V6-8 – Praise God, He is our strength and shield, Fortress of salvation
 - V9 – Messiah Foreshadowing, He will carry us
11. How can a Lament Psalm help or encourage someone going through a trial?

