

July 24, 2016
NO WAKE ZONE
Part 8: Zip It
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1. Has this series made you wonder if you're addicted to social media? What is good and bad about social media?

2. Adam said comparison is the thief of joy? Have you observed this? Does comparison always steal our joy?

3. In I Corinthians 6:12, Paul says, "Everything is permissible for me—but not everything is beneficial. 'Everything is permissible for me'—but I will not be mastered by anything."

*Why did he put the "everything clauses in quotation marks? **(Paul is probably quoting some in the Corinthian congregation who boasted that they had the right to do anything they pleased. NIV notes.)**

*What might be lawful but not beneficial? Permissible but enslaving?

*From the words and life of Jesus, what would be unlawful?

4. Exodus 14:10-14 was the main text. When the Israelites were caught between the Red Sea and the advancing Egyptian army, it says, "They were terrified and cried out to the Lord."

*Would you have been terrified?

8What terrifies you now?

5. The Israelites complained to Moses: "Was it because there were no graves in Egypt that you brought us to the desert to die? What have you done to us by bringing us out of Egypt?"

*How often are the complaints of others part of leading? How do you deal with it?

*What have you complained about lately?

8What is a better alternative to complaining?

6. Moses told the people to "stand firm" and they would see the "deliverance the Lord will bring."

*When have you done this?

*How has the Lord fought for you even when you didn't stand so firm?

7. What are the four reasons Adam gave for why we have difficulty being still, simply trusting. **(We forget who God is and all that he's done; we want to be in control; we are overwhelmed by fear, worry, and anxiety; we lack faith.)**

8. I Peter 5:7 says, “Cast all your anxiety on him because he cares for you.” When have you cast all your cares on him and what was the outcome?

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9. Psalm 46:10 says, “Be still and know that I am God.” Read the following list of God’s names to see just part of who he is and say which name stands out to you most just now and why:

Jehovah Rapha—Lord, my healer.

Jehovah Elroi—God who sees.

Jehovah Rohi—Lord, my shepherd.

Jehovah Shalom—Lord, our peace

Jehovah Ezer—Lord, my help

Jehovah Ori—Lord, my light

Jehovah Immeka—Lord is with you.

Jehovah Elnose—God that forgave

Jehovah Jireh—Lord, my provider.