

Woodland Hills
Home Group Questions
Building Your Marriage on Truth, Not Myths
October 11, 2015

1. Discuss the 6 Myths That Lead to Marital Despair that Ted shared:

The “hook-up” myth - “Frequent sex with multiple partners is the best.”

The “soul mate” myth - “There is one perfect person out there for me.

The “happily ever after” myth - “True love means smooth sailing from here on out.”

The “marriage is hard work” myth - “Marriage requires constant, grueling work to stay in love.”

The “happiness vs. holiness” myth - “God gave you your spouse to make you holy, not happy.”

The “50/50 chance” myth - “Since 50% of marriages end in divorce, we might not make it.”

2. Discuss the following statement: What you believe about marriage determines what you believe about your spouse.

3. If you had to define “marriage,” what words would you use? What makes marriage unique and different from any other human relationship?

4. What do you think it means to have a “Christ-centered” marriage?

5. What are some practical ways you can acknowledge God’s authority in your home? How does the belief that He is present shape your interactions with one another?

6. What do you do differently as a couple because of your Christian faith? Do you pray together as a couple? Study the Bible? Meet with other believers? Do you think that activities of this kind have an important impact on the quality of your relationship?

7. How often do you sit down as a couple simply to talk to one another? Do you set time aside specifically for this purpose? Why or why not?

8. Do you ever feel that you’re simply too busy to share enjoyable and meaningful time together? If so, are you satisfied with the status quo, or are you motivated to “fight back”?

9. Discuss the following two verses and how they apply to the marriage relationship. Who has the greatest responsibility, husband or wife?

“Husbands, love your wives, just as Christ loved the church and gave himself up for her.” Ephesians 5:22

“Wives, submit yourselves to your own husbands as you do to the Lord.”
Ephesians 5:2

Just a thought: Sometimes submission is ducking so God can hit your husband.”
- Beth Moore

10. Can you honestly say that you regard your spouse as a “treasure”? How do you express your feelings of mutual appreciation?

Reference Footnote: Focus on the Family Marriage Mentoring Discussion Guide