

CONVERSATION STARTERS



50 Biblical Considerations
on Sexual Intimacy



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February is love month. We give cards, eat little candy hearts that taste a little like medicine, and watch romantic movies commonly referred to as “chick flicks.” Fifty Shades of Grey hits theaters on Valentine’s Day. This movie goes way beyond romance and dives into the world of erotica. You may find yourself in some uncomfortable conversations. Even if your friends and family don’t see the movie, they probably saw the trailer while waiting to see American Sniper. Instead of avoiding the discussion, engage with truth and love. Here are 50 Biblical Considerations on Sexual Intimacy For Your Conversations With Family, Friends and Coworkers.

- 1. You were created in the image of God.** (Genesis 1:26)
- 2. He created and assigned your gender.** (Genesis 1:27)
- 3. God blessed his creation.** (Genesis 1:28)
- 4. God created us to reproduce.** (Genesis 1:28)
- 5. It was not good for man to be alone.** (Genesis 2:18)
- 6. God created a woman and brought her to the man. This was the first wedding.** (Genesis 2:22)
- 7. The bond between a husband and wife is to be stronger than the bond between a parent and child.** (Genesis 2:24)
- 8. Children are to leave home as adults prepared for marriage.** (Genesis 2:24)
- 9. Husband and wife are to be one.** (Genesis 2:24)
- 10. The first couple lived naked in the garden with no shame.** (Genesis 2:25)
- 11. When they sinned against God, it changed everything.** (Genesis 3:10-11)
- 12. Sin brought shame to the couple and disconnection with God.** (Genesis 3:10-11)
- 13. God wants you to enjoy your wife’s body.** (Proverbs 5:18)
- 14. God wants you to be sexually intoxicated with your spouse** (Proverbs 5:19; Song of Songs 5:1)
- 15. God does not want you to be sexually intoxicated with someone else’s spouse.** (Proverbs 5:15-16, 20)
- 16. Sexual desire is emotionally and physically healthy.** (Song of Songs 1:4)
- 17. Physical insecurities about your body are best resolved with a loving spouse in a healthy marriage.** (Song of Songs 1:5-6)
- 18. Your character is more important than your sexual desire.** (Song of Songs 1:7)
- 19. Physical intimacy begins with emotional communication, not sexual connection.** (Song of Songs 1:9)
- 20. Longing to be with your spouse sexually is a healthy response to your sexuality** (Song of Songs 1:13)

- 21. The marriage bed is a lush and full of life.** (Song of Songs 1:16)
- 22. Allow your wife to set the boundaries in the bedroom. Safety is key.** (Song of Songs 1:17; Song of Songs 4:8)
- 23. Sexual exclusivity in marriage says, "I want only you."** (Song of Songs 2:2)
- 24. A husband provides safety by speaking words of high value over his wife.** (Song of Songs 2:3-4)
- 25. Wait until marriage before you have sex.** (Song of Songs 2:7; 3:5)
- 26. Curiosity and fascination are keys to sexual intimacy.** (Song of Songs 2:14)
- 27. Your marriage bed is a vineyard in bloom and needs times and protection to reach harvest.** (Song of Songs 2:15)
- 28. By God's design, sex gets better with time in the exclusivity of marriage.** (Song of Songs 2:15)
- 29. Love-making is best slow and non-rushed.** (Song of Songs 2:17)
- 30. Your wedding is the milestone where you arouse and awaken love.** (Song of Songs 3:6-10)
- 31. Undressing slowly for your spouse is a beautiful expression of intimacy.** (Song of Songs 4:1-5)
- 32. Never say a negative word about your spouse's body.** (Song of Songs 4:7)
- 33. Take it nice and slow.** (Song of Songs 4:8)
- 34. Enjoy long, passionate kisses.** (Song of Songs 4:11)
- 35. A spouse should avoid selfishness and not deny the other sex.** (Song of Songs 5:2-6)
- 36. Lust is committing adultery in the heart.** (Matthew 5:28)
- 37. Your body belongs to you and your spouse.** (1 Corinthians 7:3-4)
- 38. Spouses can agree to abstinence by mutual consent.** (1 Corinthians 7:5, Ephesians 5:21)
- 39. Marital abstinence should be accompanied with a season of prayer.** (1 Corinthians 7:5)
- 40. Marital abstinence should be limited in order to prevent temptation.** (1 Corinthians 7:5)
- 41. Get out of town every now and then to enjoy each other physically.** (Song of Songs 7:11-12)
- 42. There is hope in Jesus for those who sin sexually.** (Hosea 3:1; John 4:1-26)
- 43. Jesus forgives those caught in sexual sin.** (John 8:11)
- 44. God designed sexual intimacy as an act between a male and female.** (Romans 1:27)
- 45. Temptation is not sin. You can be tempted and choose not to sin. Who you are attracted to is not as important as what you do with that attraction.** (Hebrews 4:15; James 1:14-15)
- 46. God honors marital faithfulness.** (Hebrews 13:4)
- 47. Sex between a husband and a wife esteems marriage as highly valuable.** (Hebrews 13:4)
- 48. Guard your marriage bed from pornography and erotica.** (Hebrews 13:4)
- 49. Sex is not evil.** (1 Timothy 4:1-5)
- 50. When you give your body to another, you become one with that person.** (1 Corinthians 6:16)